



# Allied Health Assistant

## CAREER AND COURSE OVERVIEW

### CAREER OUTLOOK

The Allied Health Industry is the 4th largest industry for employment growth in Australia, with an estimated 97,000 jobs by 2020. The Australian Government predicted that long-term employment figures will grow by 26.4% over the next 7 years. Australia's ageing population, and increasing health consciousness, are two contributing factors, that have resulted in a high demand for qualified professionals in a range of Allied Health specialisations. Choosing to become an Allied Health Assistant is both a rewarding and sustainable career choice.

### WHAT IS AN ALLIED HEALTH ASSISTANT?



As an Allied Health Assistant, you'll have the opportunity to make a difference everyday, working with an Allied Health team to support the implementation of treatment plans, programs and services for clients. Imagine a job with meaning, one that resonates with your inner values, with this Qualification you will have a diverse choice of career paths whether it be aged care, physiotherapy, rehabilitation, working with exercise physiologists or other Allied Health professionals. You can choose your area of specialisation, depending on your career goals and passion.

#### PHYSIOTHERAPY ASSISTANT

Physiotherapists assess, diagnose, treat and prevent a wide range of health conditions and movement disorders. As a Physiotherapy Assistant, you will:

- Work under a Physiotherapist
- Assist with the delivery of exercise and rehabilitation programs
- Following up with clients after sessions

#### EXERCISE ASSISTANT

An Exercise Physiologists specialises in providing exercise therapy and lifestyle changes for clients that are at risk of developing, or have existing chronic and complex medical conditions and injuries. As an Exercise Assistant, you will:

- Work under an Exercise Physiologist
- Prepare clients for therapy & assist with the development of exercise programs
- Monitor client progress and evaluate exercise programs

#### COMMUNITY REHABILITATION ASSISTANT

The goal of Community Rehabilitation is to optimise a person's functional ability and independence. Clients could be recovering from an illness, injury, surgery or hospitalisation, and may require a range of services depending on their personal needs. As a Community Rehabilitation Assistant, you will:

- Work closely with a team of medical and Allied Health Professionals
- Participate in rehabilitation planning, involving the supervising health professional and client, to provide adequate and appropriate resources to promote independence



# COURSE & STUDY INFORMATION



## STUDYING WITH ONFIT TRAINING COLLEGE



Our flexible online courses are easy to use, and give you full control of when and where you'd like to study. You can login and study anywhere, anytime and when you've had a break and want to get back to your course, you can pick up right where you left off. Simply work your way through the interactive lessons and complete your assessments as you go.

## YOU'LL BE FULLY SUPPORTED THROUGHOUT YOUR STUDIES

As a student at Onfit, you're our number 1 priority. You'll be supported by our team 7 days a week, including weekends and after hours. We know our students have busy schedules, so our support is designed to suit your needs.

Our team is extremely passionate about your success and has a wealth of experience and expertise to share with you!

## COURSE DETAILS



### Assessment

- Online Theory Assessments
- Practical Assessment
- 120 hours Work Placement (assistance with placement is provided)



### Study Method

Online & self-paced study



### Duration

Maximum 18 months



### Entry Requirements

No entry requirements

## NATIONAL & INTERNATIONAL ACCREDITATION



Onfit Training College is a Registered Training Organisation (RTO 32107). The HLT43015 Certificate IV in Allied Health Assistance is a Nationally Accredited Qualification and is recognized by the International Institute for Complementary Therapists.



# STUDY THE CERTIFICATE IV IN ALLIED HEALTH ASSISTANCE

## Unit Outline

*The Certificate IV in Allied Health Assistance is comprised of 16 units. Onfit's course structure includes 14 compulsory units, and allows you to select 1 of 3 elective blocks, depending on your interests and career goals.*

### **Compulsory Units**

- CHCCOM005 Communicate and work in health or community services
- CHCDIV001 Work with diverse people
- CHCLEG003 Manage legal and ethical compliance
- HLTAAP001 Recognise healthy body systems
- HLTAAP002 Confirm physical health status
- HLTWHS002 Follow safe work practices for direct client care
- BSBMED301 Interpret and apply medical terminology appropriately
- BSBINM201 Process and maintain workplace information
- BSBWOR204 Use business technology
- CHCCOM002 Use communication to build relationships
- CHCCCS001 Address the needs of people with chronic disease
- BSBCUS402 Address customer needs
- HLTAHA001 Assist with an allied health program
- HLTAHA009 Assist in the rehabilitation of clients

### **Elective Block 1: Physiotherapy specialisation**

- HLTAHA003 Deliver and monitor a client-specific physiotherapy program
- HLTAHA005 Support the delivery and monitoring of physiotherapy programs for mobility

### **Elective Block 2: Community rehabilitation specialisation**

- HLTAHA004 Support client independence and community participation
- HLTAHA024 Work within a community rehabilitation environment

### **Elective Block 3: Fitness Focus Electives**

- SISFFIT003 Instruct Fitness Programs
- SISFFIT019 Incorporate exercise science principles into fitness programming