

# INFECTION CONTROL 101

Stopping the Spread



## OVERVIEW

This short course has been developed for all health, fitness and wellness professionals that have contact with clients and patients. It teaches the skills and knowledge needed to help you quickly implement best practice virus and bacteria prevention and control measures.

## COURSE OUTLINE

During the course you will learn the skills and knowledge required to follow effective infection prevention and control procedures. You will examine what it means to implement infection control procedures at the workplace and learn how to respond to different infection risks.

## COURSE STRUCTURE

- How to have proper hand hygiene and take care of your hands
- The types of personal protective equipment that you should use
- How to handle waste
- How to follow best cleaning practices for infection control
- The best ways to identify infection hazards and assess risks
- Best practice to use when managing virus and bacterial infection and control

Effective infection control is central to providing high quality support for clients and patients and a safe working environment for the health, wellness of fitness professional. Through implementing the information in this course, all professionals involved with direct or indirect client contact will know they are doing their part in stopping the spread of infection and minimising the risk of disease.

## DETAILS

**STUDY MODE:** ONLINE

**COURSE TIMELINE:** 6 MONTHS

**PRICE:** \$195